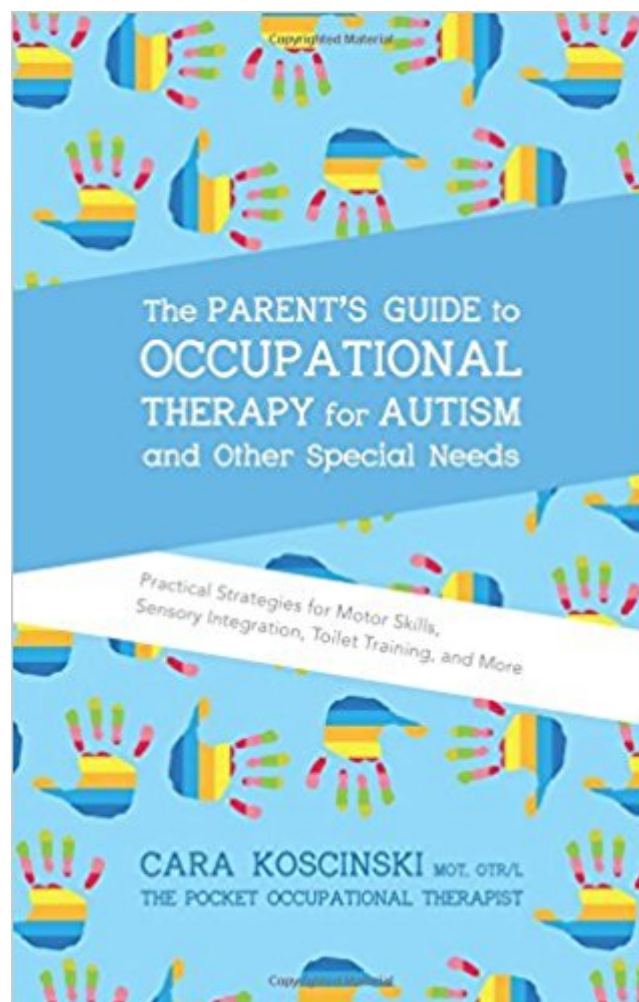


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# The Parent's Guide To Occupational Therapy For Autism And Other Special Needs: Practical Strategies For Motor Skills, Sensory Integration, Toilet Training, And More





## Synopsis

With the help of this handy guide, you can bring tried and tested occupational therapy activities into your home and encourage your child to succeed with everyday tasks while having fun in the process. This expanded edition of the award-winning book includes new advice on toilet training, coping with changes in routine, repetitive behaviors, self-regulation and much more. The simple explanations and easy exercises will soon make daily activities enjoyable and productive.

## Book Information

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## Customer Reviews

'Cara continues to offer teachers, parents, and heck -- anybody who cares about ANY child's learning - consistently positive, workable, RELEVANT tips that simply make learning what it should be: WONDERFUL. Her understanding of kids whose gifts and challenges may befuddle others is utterly sincere. Meaning that every chapter is infused with authentic respect, empowering information...and a whole lot of smarts that actually work. Most of all, Cara knows what it is to be brave: to feel afraid and do it anyway. And because of that compassion, BRILLIANT kids the world over will have the chance to amaze the most important people of all: themselves.'

Jennifer O'Toole, author and founder of Asperkids'As an OT with over 20 years experience, I was amazed how much info is packed into this small book. It is so thorough, you would think it was a text book but it is just written concisely and is easy to read. For parents it is a great gift for those with a child just diagnosed with developmental concerns as it explains many terms used in therapy, gives suggestions on everyday activities to IEPs for school aged children. It

is a great resource not just for parents but for therapists too, to help explain terms, give home suggestions and treatment planning. Thanks Cara for putting this together. -- Jeanette Runnings, founder of Yoga Yingo

This is a great introduction to pediatric occupational therapy and provides wonderful help and support to families of kids with special needs. -- Lindsey Biel, OTR/L, co-author of *Raising a Sensory Smart Child*

"The most appealing feature of this book is its accessibility-making the topics possible to grasp for parents and carers with even limited background knowledge. It aims to educate families about the root causes of specific difficulties faced by children with special needs, and follows up with practical strategies and activities." -- *British Journal of Occupational Therapy*

Taken from the American perspective, this useful and informative book examines the important and often overlooked role of the Occupational Therapist... Suitable for parents, carers and all professionals with an interest in the field of learning disabilities, this book provides assistance in acquiring one of the skills used: The practice of Sensory Integration... Each chapter in this book provides easy to read insights and "out of pocket activities" which can be carried out in order to improve and understand these behavioural experiences... This book contains a treasure trove full of meaningful activities and helpful facts for people with a vested interest in improving the unexplained and often misunderstood behaviour of children with special needs. Most importantly, it provides an informative and comprehensive understanding of the ways we can further understand and help children with a variety of special needs by paying attention to the impact of underdeveloped sensory systems and how to help them further develop. (Play Therapy)

As an OT with over 20 years experience, I was amazed how much info is packed into this small book. It is so thorough, you would think it was a text book but it is just written concisely and is easy to read. For parents it is a great gift for those with a child just diagnosed with developmental concerns as it explains many terms used in therapy, gives suggestions on everyday activities to IEPs for school aged children. It is a great resource not just for parents but for therapists too, to help explain terms, give home suggestions and treatment planning. Thanks Cara for putting this together. -- Jeanette Runnings, founder of Yoga Yingo

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It is a great guide for parents and Occupational Therapists.

A wealth of information on using occupational therapy attack strategies to help children with autism Concord or sensory processing challenges.

This book is another gem by Cara. The most highly respected aspect for me about it is she lives these principles and practices these with her own two children. Sure she's educated and an excellent clinician but she's a real Mom to children with Autism. It's like having your own personal best friend Mom coach with you everyday. This book is another winner and I'd recommend to anyone who is studying to be a OT practitioner but also not only a Mom of Autistic children but also a Mom with kids having tough behaviors. A+++++! TY Cara for continuing to share your talent!

This is a great introduction to pediatric occupational therapy. From feeding to toilet training, from handwriting to social skills, from neuromuscular development to sensory processing, this easy-to-use primer provides help and support to families of kids with special needs.

I highly recommend this resource for parents and practitioners! The author and OTR is a genius. Follow her blog/Facebook for helpful tips. The Pocket OT. - Marie Bell, MS, OTR/L

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